



CURATIO[®]
APOSTOLATE
of Catholic Health
Care Professionals



Curatio Newsletter January 2024

"Healing from the Heart of Christ"

Curatio's Mission is to strengthen the faith of all Catholic Healthcare Professionals so that, animated from the Heart of Christ and growing in holiness, we are equipped to reclaim our sacred vocation of caring, witnessing with zeal to the Gospel of Life.

St. Gianna Beretta Molla, patron saint of Curatio, intercede for us!

*Feature Article
January 2024*

Seeing the Mystery of the Person and the Charter for Healthcare Workers

Daily in my work as a nurse, I encounter challenges to seeing truly—to seeing another human—my neighbor in need. I place a blood pressure cuff on a patient's arm, slip an oximetry device on a finger, a digital thermometer under the tongue, all while I sit near a computer checking lab values and charting on line. All the devices register a quantitative number, and the presence of alarms beeping and lights flashing are in fact a reality, a reality that needs perspective. I am aware of another Presence. Sometimes the number is high, sometimes it is low, but through faith I know none of these numbers can measure or even fathom the heart and soul of the person "made in God's image."

The reality of modern healthcare and science *is* to measure and look for quantitative ways to find out exactly what is causing the disease, and then find a way to help the patient "safeguard, recover and better the state of his/her health." (Pontifical Council for Pastoral Assistance to Healthcare Workers, *Charter for Healthcare Workers*. Boston, MA: Pauline Books and Media 1995 §3 pg. 19) And so radiologists, neurologists, and others healthcare workers are trained to peer into MRI and CT

scans of various body parts for numerous reasons, and yet they cannot measure or fathom the mystery and beauty of the human person and soul. What the Charter says to healthcare workers is to see this mystery of the person, not to eliminate the technology. “Technical possibilities must be measured against ethical lawfulness, which establishes their human compatibility, that is, their effective employment in the protection of and respect for the dignity of the human person.” (Charter for Healthcare Workers § 44 pg 52.)

In other words, the reason for the technology in healthcare—human life—is more precious than the technology itself. This why *Curatio ex Corde Christi, Apostolate of Catholic Healthcare workers* was formed: to stand squarely with the church in healthcare, to live and act as leaven in witness to Christ, and to defend a culture of life. As healthcare professionals we strive to grow in our relationship with Christ in daily prayer and grace through the sacraments centered on the liturgy of Mass. We encounter Jesus there and wish to follow him daily, trusting he is walking ahead of us even into the hospital or clinic twenty-four hours a day. We understand the inherent dignity of the human person, as one created by God, and through prayer, we ask for the strength, the virtues, and the character to strive for holiness in the midst of our work caring for the sick.

*Dianne Johnson RN
Curatio Mission Director*

Charter for Health Care Workers introduction

"The New Charter for Health Care Workers" is a revision and updating of the earlier 1995 edition, also produced by the Pontifical Council for Health Care Workers. The work is divided into three major sections: “Procreating,” “Living,” and “Dying,” each of which lays out authoritative teachings in medical ethics grounded in the traditional resources of the Church.

[Read the 1995 Charter HERE>](#)

[Read the new Charter HERE>](#)

UPCOMING EVENTS

Save the dates!

Please join us for prayer and networking with fellow Catholics in Healthcare.



Mass Meet & Munch



Save the Dates
3rd Saturdays of the Month
Check bulletins to verify
times of Masses



Join us
CURATIO
Mass, Meet & Munch

January 20th @ 8:15am Nativity of Our Lord, St. Paul, MN
April 20th St. @ 8:00am Church of St. Helena, Mpls, MN
July 20th @ 8:15am Nativity of Our Lord, St. Paul, MN
October 19th @ 8:00am Church of St. Helena, Mpls, MN

Meet after parish morning Masses and stay for discussion & munchies!

Catholics in Healthcare- In the Heart of the World with the Heart of Christ

CuratioEvent@gmail.com

CuratioApostolate.com

32nd Annual

WORLD DAY *of the* SICK 2024



Archbishop Hebda presiding

FEBRUARY 10th
SATURDAY 10:00 A.M.

On the eve day of the Feast of

Our Lady of Lourdes

all are invited to attend a special
Mass, blessing and reception
dedicated to the sick, caregivers,
chaplains & healthcare workers.

**ST. CHARLES BORROMEEO
CATHOLIC CHURCH**
2739 Stinson Blvd, Mpls MN 55418

After Mass, attendees may receive a
blessing with water from Lourdes.

A light reception will follow with a reflection given by UST Professor of
Philosophy, Heidi Giebel PhD, author of book, *Ethical Excellence:
Philosophers, Psychologists & Real-Life Exemplars Show Us How to
Achieve it.*

Sponsored by:



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Minnesota Area



For questions please email CuratioEvent@gmail.com



ANNUAL LENTEN RETREAT
Come renew your Spirit
Saturday
March 2, 2024
7:30 am to 1:15 pm

ENJOY LENTEN RENEWAL

- * 8:00 am Mass & light reception
- * Adoration & reflection by Fr. Milless
- * Unique Stations of the Cross designed for Healthcare
- * Q & A with Father Milless
- * Healthcare panel discussion with
 - Ann Tescher RN, Critical Care CNS
 - Deacon Patrick Spencer, APRN, CNP from AALFA clinic.
- * Catered lunch & fellowship
- * Option for 1pm Confession with Fr. Milless

Church of St. Helena
 3204 E 43rd St
 Mpls, MN 55406



Led by former
Curatio
Chaplain
Father Marcus
Milless

is the current full time pastor of St. Helena Parish & is a former hospital Chaplain at HCMC. Father states, "I have seen the healing work of Christ each day in big and small ways, not only in the patients but in those who care for them!" Welcome Fr. Marcus as he leads us in a day of Lenten renewal.

Register early
no later than Feb 26th
CuratioApostolate.com

\$45/ person
 students \$15
 Questions or gluten free requests email
CuratioEvent@gmail.com

Curatio ex Corde Christi; Healing from the Heart of Christ

Mass, Meet & Munch
January 20th, 2024

Join us for prayer and networking at Nativity of Our Lord church in St. Paul. Mass at 8:15am.

World Day of the Sick
February 10th, 2024

Mark your calendar for this beautiful Our Lady of Lourdes Feast Day Celebration at St. Charles Borromeo church in St. Anthony, MN.

Annual Lenten Retreat
March 2nd, 2024

Save the Date for Curatio's Lenten Retreat. Come for a day of Lenten Renewal with Fr. Marcus Milless at Church of St. Helena in Mpls.

Curatio Fall Weekend Retreat
September 27th-29th, 2024

Father Columba Thomas OP, MD a Dominican Friar and a board-certified physician in internal Medicine presents, "The Art of Living: In Union with God"

PRAYER

Curatio's Monthly Prayer Intention

January 2024

The month of January is dedicated to the Holy Name of Jesus, which is celebrated on January 3. "In the name of Jesus every knee should bow, of those that are in heaven, on earth and under the earth" (Phil 2:10). We ask this January, in the Holy Name of Jesus, that all Catholics in healthcare maintain their vocational call to care for the sick and vulnerable with inner peace, stability and perseverance despite the widespread difficulties in our culture and world. In Jesus's name and through healing from the Heart of Christ, we pray.



Please consider a Holy Hour with our Lord

The First Friday of every month is dedicated to the Sacred Heart of Jesus.

Adoration is Thursday, January 4th.

Everyone is welcome to join us for Holy Hour 7 pm–8 pm every Thursday before the first Friday of each month, at St. Charles Borromeo Parish or consider spending a Holy Hour at your local chapel.

St. Charles Borromeo offers perpetual adoration. Address: 2739 NE Stinson Pkwy, St Anthony, MN 55418.

The **CPR** Team
Curatio **Prayer Responders** will pray for you!

[Submit Prayer Requests Here](#)>

Please send us your confidential prayers, needs, sorrows and thanksgivings.

They will be prayed for by the Adoration group and also offered up at First Friday Masses by priest chaplains.

DONATIONS

Message From Dianne, Mission Director,

Your financial support for our Curatio Expansion Campaign is greatly appreciated and much needed for developing a solid Curatio program that will be piloted first in the Rochester, Winona diocese; recently approved by Bishop Barron. Please spread the word and join us in prayer. We greatly appreciate your consideration of an ongoing annual (or one time donation) supporting our humble efforts to ensure Catholics remain faithful to Christ while working in healthcare. Thank you.

Donate [Here!](#)

May our hearts in the Curatio Apostolate belong entirely to the Sacred Heart of Jesus.

SHARE OUR MISSION

Do you know of other health care workers that would benefit from this monthly newsletter? Please forward this message and encourage they check out Curatio!

[Check out our Curatio website here!](#)

As a lay apostolate in this ministry, we rely on and are prompted by the Holy Spirit and thus remain in healthcare for the long haul. We are the hands and feet of Christ - We spiritually care for and nourish Catholic healthcare professionals to stay the course as we remain a foundation of healing from the heart of Christ.

We, Curatio, are boots on the ground in the new evangelization.

Curatio Apostolate | 3317 Edward Street NE, St. Anthony, MN 55418

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