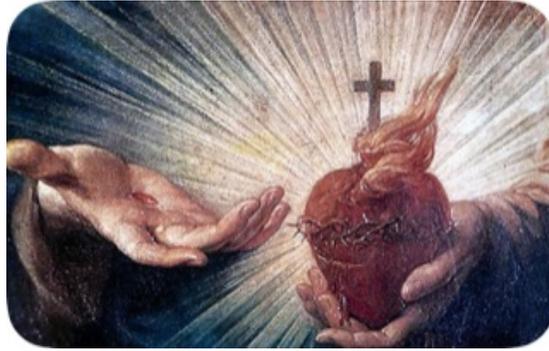




**CURATIO<sup>®</sup>**  
**APOSTOLATE**  
of Catholic Health  
Care Professionals



## Curatio Newsletter April 2024

### "Healing from the Heart of Christ"

*Curatio's Mission is to strengthen the faith of all Catholic Healthcare Professionals so that, animated from the Heart of Christ and growing in holiness, we are equipped to reclaim our sacred vocation of caring, witnessing with zeal to the Gospel of Life.*

#### ♥ *Prayer to the Sacred Heart*

*O most holy Heart of Jesus, fountain of every blessing,*

*I adore you, I love you and with a lively sorrow for my sins.*

*I offer you this poor heart of mine.*

*Make me humble, patient, pure, and wholly obedient to your will.*

*Grant, good Jesus, that I may live in you and for you.*

*Protect me in the midst of danger; comfort me in my afflictions;*

*give me health of body, assistance in my temporal needs,*

*your blessings on all that I do, and the grace of a holy death.*

*Within your heart I place my every care.*

*In every need let me come to you with humble trust saying,*

*Heart of Jesus, help me.*

*Amen.*

*St. Gianna Beretta Molla, patron saint of Curatio, intercede for us!*

## To Priests - on Prayer - Coram Fratibus By Bishop Erik Varden

*"To really pray we must drop our defences and lay ourselves open. That may generate anxiety at first, but ultimately leads to assurance as we realise that God does save."*

Senhor Patriarca,  
Your Eminences and Excellencies,  
Dear Fathers,

You have asked me three questions: What distinguishes Christian spirituality from other spiritualities? What is the specifically Catholic component of spirituality? What is the role of prayer in the life of priests and lay people? I have half an hour at disposal. I have to make choices! I will address the first two questions briefly, referring you to sources that are in any case well known to you. That will allow me to focus on the question of prayer, specifically on the prayer of priests. It is a topic of immense, decisive importance, though often, such is my impression, a neglected one.

On Friday of the first week of Ordinary Time, just after Christmas, the Church gives us in the Office of Readings a passage from Athanasius's *Oratio contra gentes*. This text is normally dated to his first exile, spent in Northern Germany, in Trier. Athanasius was ousted from his see of Alexandria after seven years as bishop. His defence of Catholic doctrine about the nature of Jesus Christ as defined at Nicaea, as true God and true man, 'God from God, Light from Light', had become unpalatable to many of his brother bishops, seduced by Arian doctrine. They had Athanasius packed off as far away as possible, probably hoping he would never return home. We need to remember this context to seize the full impact of his words.

Athanasius's concern is to expound the beginning of the prologue to the Fourth Gospel in which, he writes, 'John the theologian teaches that nothing exists or remains in being except in and through the Word'. Athanasius goes on:

*Continue article [here](#)*

*Used with kind permission from His Excellency Bishop Erik Varden of Norway who writes, "Thank you for your email, (Curatio) which has been passed onto me. If you find things of use on my website, I am the first to give thanks. You are welcome to use whatever material is there. I have looked at your site: it's an excellent initiative. I wish you ever blessing."*

*Erik Varden is a monk and bishop, born in Norway in 1974. In 2002, after ten years at the University of Cambridge, he joined Mount Saint Bernard Abbey in Charnwood Forest. Pope Francis named him bishop of Trondheim, Norway, in 2019.*

**UPCOMING EVENTS**

**Save the dates!**

Please join us for prayer and networking with fellow Catholics in Healthcare.

## What are Curatio members saying about Mass Meet & Munch?

“Reflecting about today – excellent dialog and camaraderie. Deep topic. Joy is present even while recognizing the many challenges. Curatio is definitely helping me grow spiritually. Catherine C “

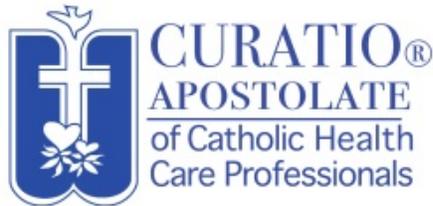
See you April 20th!



# Mass Meet & Munch



*Save the Dates*  
3rd Saturdays of the Month  
Check bulletins to verify  
times of Masses



*Join us*  
CURATIO  
Mass, Meet & Munch

January 20<sup>th</sup> @ 8:15am Nativity of Our Lord, St. Paul, MN

April 20<sup>th</sup> St. @ 8:00am Church of St. Helena, Mpls, MN

July 20<sup>th</sup> @ 8:15am Nativity of Our Lord, St. Paul, MN

October 19<sup>th</sup> @ 8:00am Church of St. Helena, Mpls, MN

Meet after parish morning Masses and stay for discussion & munchies!

*Catholics in Healthcare - In the Heart of the World with the Heart of Christ*

[CuratioEvent@gmail.com](mailto:CuratioEvent@gmail.com)

[CuratioApostolate.com](http://CuratioApostolate.com)

*Curatio Fall Weekend Retreat*

September 27th-29th, 2024

Father Columba Thomas OP, MD a Dominican Friar and a board-certified physician in internal Medicine presents, "The Art of Living: In Union with God for Healthcare Professionals."



**CURATIO APOSTOLATE.COM**  
Fall Weekend Retreat

**"The Art of living:  
Union with God  
for Healthcare Professionals"**

**Father Columba Thomas, OP, MD, is a Dominican friar & a board certified physician in Internal Medicine.** He was ordained a priest in May 2023. Prior to entering religious life, he graduated from Yale School of Medicine, completed a Primary Care Residency and Chief Residency at Yale, and attained board certification in Internal Medicine. Recently, he edited *The Art of Dying: A new, annotated translation* (National Catholic Bioethics Center, 2021). Fr. Columba currently serves as postdoctoral fellow in bioethics at the Kennedy Institute of Ethics and the Pellegrino Center for Clinical Bioethics, & he is completing a master's degree in Catholic Clinical Ethics co-sponsored by Georgetown University and the Catholic University of America.

**SAVE THE DATE SEPT 27-29TH**

**PRAYER**



**Curatio's Monthly Prayer Intention**  
*April 2024*

Saint Gianna, heroically Christ-like wife, mother and physician, I ask the help of your prayers, as I strive to follow your holy example in my physical and spiritual trials.

Help me, by your prayers, to recognize the suffering of the Cross as the way to pure and selfless love of God and my neighbor. May your practice of medicine with priestly care of both body and soul inspire physicians, nurses and all health care professionals to see the Face of the suffering Christ in their patients.

May your loving acceptance of illness and death help patients to know and do God's will in all things, uniting their sufferings to the Passion and Death of Christ for the salvation of the world.

Saint Gianna, pray for us always that we may have a heart, meek and courageous, like the Heart of Jesus, in Whom we find our healing and strength.

We ask this through Christ our Lord. Amen.

Archbishop Raymond Leo Burke

(St Gianna's Feast Day is April 28 . In her honor of her feast day let's all try and offer some hidden sacrifice as St Gianna did to our patients, co- workers or family.)



Please consider a Holy Hour with our Lord  
The First Friday of every month is dedicated to the Sacred Heart of Jesus.

*Adoration is Thursday, April 4th.*

Everyone is welcome to join us for a Holy Hour from 7 pm–8 pm every Thursday before the first Friday of each month, at St. Charles Borromeo Parish or consider spending a Holy Hour at your local chapel.

St. Charles Borromeo offers perpetual adoration. Address: 2739 NE Stinson Pkwy, St Anthony, MN 55418.

The **CPR** Team  
Curatio **P**ayer **R**esponders will pray for you!

[\*Submit Prayer Requests Here>\*](#)

Please send us your confidential prayers, needs, sorrows and thanksgivings. They will be prayed for by the Adoration group and also offered up at First Friday Masses by priest chaplains.

**DONATIONS**

*Message From Dianne, Mission Director,*

*Your financial support for our Curatio Expansion Campaign is greatly appreciated and much needed for developing a solid Curatio program that will be piloted first in the Rochester, Winona diocese; recently approved by Bishop Barron. Please spread the word and join us in prayer. We greatly appreciate your consideration of an ongoing annual (or one*

*time donation) supporting our humble efforts to ensure Catholics remain faithful to Christ while working in healthcare. Thank you.*

**[Donate Here!](#)**

*May our hearts in the Curatio Apostolate belong entirely to the Sacred Heart of Jesus.*

**SHARE OUR MISSION**

Do you know of other health care workers that would benefit from this monthly newsletter? Please forward this message and encourage they check out Curatio!

*[Check out our Curatio website here!](#)*

*As a lay apostolate in this ministry, we rely on and are prompted by the Holy Spirit and thus remain in healthcare for the long haul. We are the hands and feet of Christ - We spiritually care for and nourish Catholic healthcare professionals to stay the course as we remain a foundation of healing from the heart of Christ.*

*We, Curatio, are boots on the ground in the new evangelization.*

Curatio Apostolate | 3317 Edward Street NE, St. Anthony, MN 55418

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