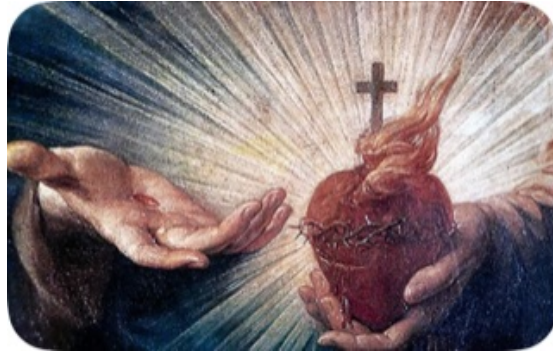




**CURATIO<sup>®</sup>**  
**APOSTOLATE**  
of Catholic Health  
Care Professionals



## Curatio Newsletter May 2024

### "Healing from the Heart of Christ"

*Curatio's Mission is to strengthen the faith of all Catholic Healthcare Professionals so that, animated from the Heart of Christ and growing in holiness, we are equipped to reclaim our sacred vocation of caring, witnessing with zeal to the Gospel of Life.*

*St. Gianna Beretta Molla, patron saint of Curatio, intercede for us!*

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Feature Article  
May 2024

### **Sacred Heart of Jesus** **By Bishop Erik Varden**

17 June 2023 Trondheim

I was nineteen when I first visited the Benedictine convent at Vadstena and heard the prayer which the Prioress still prays every night at the end of compline:

O Sacred Heart of Jesus, who have endured the agony of death, have mercy on the dying! It impressed me deeply. I was a fairly recent convert, so knew my catechism; I was a second-year student of theology, so had studied the doctrine of the Sacred Heart. But there was something so striking in the phrase, 'the agony of death', that a door in my own heart was opened.

Thus I acquired, through the prayer of the nuns, a kind of existential insight into the reality of the incarnation. In order to save us who were lost, God had gone that far: he had stared death in the eye and confronted the possibility of extinction. God's compassion with us is based on experience. He knows how fragile and painful a human life may be.

[Click here to continue reading](#)

Used with kind permission from His Excellency Bishop Erik Varden of Norway. Erik Varden is a monk and bishop, born in Norway in 1974. Pope Francis named him bishop of Trondheim, Norway, in 2019.

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## UPCOMING EVENTS

### Save the dates!

Please join us for prayer and networking with fellow Catholics in Healthcare at the following opportunities.

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### *Curatio Fall Weekend Retreat*

September 27th-29th, 2024

Father Columba Thomas OP, MD a Dominican Friar and a board-certified physician in internal Medicine presents, "The Art of Living: In Union with God for Healthcare Professionals."

[Registration Now Open- Click Here](#)



Fr. Columba Thomas, OP, MD

**Be Renewed in Body & Spirit**  
with daily Masses, series of reflections,  
spiritual guidance, Adoration of the Blessed  
Sacrament, time for networking & more.

**Our Retreat Master's  
amazing resume:**

- \* Father Thomas graduated from Yale School of Medicine & is a board certified physician in Internal Medicine
- \* completed Primary Care Residency & Chief Residency at Yale.
- \* Dominican Friar, ordained a priest May '23
- \* currently serves as post doctoral fellow in bioethics at the Kennedy Institute of Ethics in Washington, D.C.
- \* is completing his master's degree in Catholic Clinical Ethics.
- \* during COVID, Fr. Thomas gave Curatio a zoom presentation on "The Art of Dying."
- \* Now he will return in person sharing his wit & wisdom on the "The Art of Living."

**Register online:**  
**[CuratioApostolate.com](http://CuratioApostolate.com)**

*Join us!*  
**Weekend Retreat**  
**"The Art of living:**  
*Union with God*  
**for Healthcare Professionals"**  
**September 27-29<sup>th</sup> 2024**



**Christ King Retreat Center**  
621 First Ave South,  
Buffalo, MN 55313

- \* Arrive Friday Sept. 27th @ 5:30-6:00 pm
- \* Depart Sun. Sept. 29th after lunch @ 1pm

Enjoy beautiful lake views, outdoor  
Stations of the Cross & walking paths.  
Retreat includes full meals, snacks, use  
of kitchenette, program materials & private  
room with bathroom.

**Full retreat- 2 nights, 5 meals = \$369**  
**Sat/Sunday- 1 night, 4 meals = \$300**  
**Saturday only- lunch & dinner = \$170**  
Please consider **Pay it Forward** as an  
additional registration for healthcare  
students in need to attend.

**Questions? Contact**  
**[Retreat@CuratioApostolate.com](mailto:Retreat@CuratioApostolate.com)**

**Testimonials from past retreatants:**

*"This retreat was just what I needed and I didn't even know it!"*  
*"I can't say enough about how much this retreat brings healing to our hearts"*  
*"Curatio" is Latin for healing.*

**What are Curatio members saying about Mass Meet & Munch?**

"Reflecting about today – excellent dialog and camaraderie. Deep topic.  
Joy is present even while recognizing the many challenges. Curatio is  
definitely helping me grow spiritually. Catherine C "

See you July 20th!



# Mass Meet & Munch



*Save the Dates*  
3rd Saturdays of the Month  
Check bulletins to verify  
times of Masses



*Join us*  
CURATIO  
Mass, Meet & Munch

January 20<sup>th</sup> @ 8:15am Nativity of Our Lord, St. Paul, MN  
April 20<sup>th</sup> St. @ 8:00am Church of St. Helena, Mpls, MN  
July 20<sup>th</sup> @ 8:15am Nativity of Our Lord, St. Paul, MN  
October 19<sup>th</sup> @ 8:00am Church of St. Helena, Mpls, MN

Meet after parish morning Masses and stay for discussion & munchies!

*Catholics in Healthcare - In the Heart of the World with the Heart of Christ*

[CuratioEvent@gmail.com](mailto:CuratioEvent@gmail.com)

[CuratioApostolate.com](http://CuratioApostolate.com)

PRAYER





## Curatio's Monthly Prayer Intention May 2024

Heavenly Father, we ask Your blessings upon our work of caring. In the beauty of springtime, we see Your hand in the works of creation and ask that You allow our hands to join with Yours ~ healing and reflecting Your love. May the risen Jesus remind us always that our efforts are for the praise and glory of Your Name. Amen

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### Please consider a Holy Hour with our Lord

Your prayers are vital for Curatio. We know it is not always easy to set time aside for the Lord, but it is so important that we do. We would like to encourage everyone to commit to one hour each week and please let us know when you are praying. If you already have a regular holy hour, please let us know that too [HERE](#).

There will be more information coming soon about this new initiative.

The First Friday of every month is dedicated to the Sacred Heart of Jesus. Everyone is welcome to join us for a Holy Hour from 7 pm–8 pm every Thursday before the first Friday of each month, at St. Charles Borromeo Parish.

#### ♥ *Prayer to the Sacred Heart*

*O most holy Heart of Jesus, fountain of every blessing, I adore you, I love you and with a lively sorrow for my sins. I offer you this poor heart of mine. Make me humble, patient, pure, and wholly obedient to your will. Grant, good Jesus, that I may live in you and for you. Protect me in the midst of danger; comfort me in my afflictions; give me health of body, assistance in my temporal needs, your blessings on all that I do, and the grace of a holy death. Within your heart I place my every care. In every need let me come to you with humble trust saying, Heart of Jesus, help me. Amen.*

*"For where two or three are gathered together in my name, there I am in the midst of them." Matthew 18:20*

The **CPR** Team  
Curatio Prayer Responders will pray for you!

[Submit Prayer Requests Here](#)>

Please send us your confidential prayers, needs, sorrows and thanksgivings. They will be prayed for by the Adoration group and also offered up at First Friday Masses by priest chaplains.

**DONATIONS**

*Message From Dianne, Mission Director,*

*Your financial support for our Curatio Expansion Campaign is greatly appreciated and much needed for developing a solid Curatio program that will be piloted first in the Rochester, Winona diocese; recently approved by Bishop Barron. Please spread the word and join us in prayer. We greatly appreciate your consideration of an ongoing annual (or one time donation) supporting our humble efforts to ensure Catholics remain faithful to Christ while working in healthcare. Thank you.*

**Donate [Here!](#)**

*May our hearts in the Curatio Apostolate belong entirely to the Sacred Heart of Jesus.*

**SHARE OUR MISSION**

Do you know of other health care workers that would benefit from this monthly newsletter? Please forward this message and encourage they check out Curatio!

[Check out our Curatio website here!](#)

*As a lay apostolate in this ministry, we rely on and are prompted by the Holy Spirit and thus remain in healthcare for the long haul. We are the hands and feet of Christ - We spiritually care for and nourish Catholic healthcare professionals to stay the course as we remain a foundation of healing from the heart of Christ.*

*We, Curatio, are boots on the ground in the new evangelization.*

Curatio Apostolate | 3317 Edward Street NE, St. Anthony, MN 55418

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