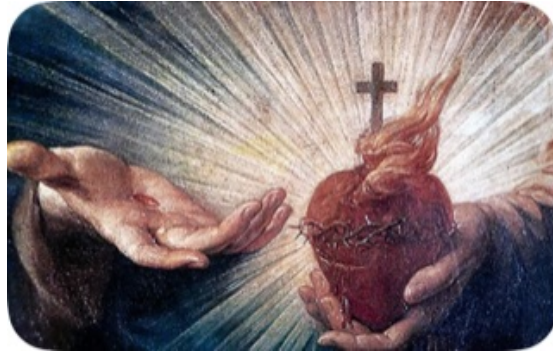




CURATIO[®]
APOSTOLATE
of Catholic Health
Care Professionals



Curatio Newsletter

November 2024

"Healing from the Heart of Christ"

Curatio's Mission is to strengthen the faith of all Catholic Healthcare Professionals so that, animated from the Heart of Christ and growing in holiness, we are equipped to reclaim our sacred vocation of caring, witnessing with zeal to the Gospel of Life.

St. Gianna Beretta Molla, patron saint of Curatio, intercede for us!

Fall Retreat Transcript

The Art of Living: Dying to Self, Renewal in Christ

Fr. Columba Thomas, OP

"I have been crucified with Christ; it is no longer I who live, but Christ who lives in me." This line from St. Paul's Letter to the Galatians (2:20), captures the heart of what health care professionals are called to in their everyday work and over their lifetime. The Christian life is one of continually dying to self and living anew in Christ. And I believe that health care professionals are called to this in a special way through their work with patients.

That's not to deny that health care work can be very rewarding and joy-filled in its own right, and even more so with the help of God's grace. I look back with tremendous gratitude and some fondness on my clinical work before entering religious life—and I still

do clinical work full-time, if you count hospital chaplaincy. This line from St. Paul is actually saying less about how the world works and more about what is transpiring in our souls when we are united with Christ in grace. It is also to acknowledge that, if we are as we ought to be as followers of Christ, we will face opposition and persecution from time to time. The trials and challenges we encounter, in grace, are the means by which we are united to Christ in his sufferings.

[Read more here>](#)



Podcast Recording

Tune in to hear Fr. Columba Thomas speak about Blessed Columba Marmion on Real Presence Live with Jeanine Bitzan.

[HERE>](#)

UPCOMING EVENTS

Save the dates!

Please join us for prayer and networking with fellow Catholics in Healthcare at the following opportunities.

Join CURATIO for Christmas Caroling

With Santa!

Families and kids are invited
to join the fun at
The Veterans Home!

5101 Minnehaha Ave South,
Minneapolis, MN 55417
Resident homes Bldg 21 and 22



**Fr. Marcus Milless and
a guitarist are
coming!**

Join us Saturday December 14

beginning at 6:30 PM.

**We have caroling books, santa hats, scarves
and light refreshments after!**



For Questions or to RSVP CuratioEvent@gmail.com

33rd Annual



WORLD DAY of the SICK 2025

**FEBRUARY 8th
SATURDAY 10:00 A.M.**

In anticipation of the Feast of

Our Lady of Lourdes

all are invited to attend a special
Mass, blessing and reception
dedicated to the sick, caregivers,
chaplains & healthcare workers.

**OUR LADY OF GRACE
CATHOLIC CHURCH
EDINA, MN**

5071 Eden Ave Edina, MN 55436



Saint John Paul II established the World Day of the Sick 33 years ago in association with Our Lady of Lourdes Feast Day. After this Mass, attendees may receive a blessing with Holy water from Lourdes. A light reception will follow with an inspirational reflection given by Dr. Todd Flanders.



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For questions please email CuratioEvent@gmail.com



***Annual Events Save the Dates 2025**

Annual World Day of the Sick: February 8th Saturday

Mass with Bishop Izen. Blessing with OL Lourdes France Holy water by Order of Malta. Reception with reflection by Dr. Todd Flanders
10:00am-12pm at Our Lady Of Grace, Edina MN.

Annual Lenten Retreat: March 15th Saturday

Fr. Dufner & Deacon Patrick Spencer NP, Mass, Reflection on Lenten renewal, Q&A, Stations of Cross for healthcare, Lunch and Fellowship
8:00am Mass -12pm, Church of Epiphany Coon Rapids MN

Annual Curatio Fall Weekend Retreat for Healthcare workers

September 26-28th Friday 6pm - Sunday 1pm

Daily Mass, series of reflections, Adoration, Confession, Spiritual guidance, Silent time with the Lord. Fellowship on Fri evening and Sunday Lunch
Fr. Mike O'Connor @Christ the King Retreat Center Buffalo MN

Register- www.CuratioApostolate.com Questions- CuratioEvent@gmail.com

RESOURCES



End-of-Life Guides

Here are links to the NCBC's patient advocacy resources:

- A Catholic Guide to End-of-Life Decisions ([English/Spanish](#))
- [A Catholic Guide to Palliate Care and Hospice](#)
- [A Catholic Guide to POLST](#)

Novena for the souls of all the faithful departed

This year, **the novena will include reflections taken from *The Art of Dying***, a medieval text designed to guide dying persons and their loved ones in Catholic religious practices at a time when access to priests and the sacraments was limited. This unique work was **translated by Father Columba Thomas, OP, MD, and published by the NCBC**

**Click [HERE](#) to Join the
Novena**



Silence

Silence. The very thought of it used to make me nervous. As a married woman and raising our teenage grandson, I am busy with ordinary daily life. I honestly struggle to find authentic silence. I do not mean just the absence of noise but true silence. My temperament is naturally outgoing and unfortunately, I talk too much! It has taken me a lifetime to dial it down.

After a few years of attending silent retreats, I experienced the amazing effects of it. Surprisingly, I did not want the retreat to end because I just wanted the silence to keep going! I understand now that those moments, as mysterious as they are, were times when I was actually being quiet internally. And in those moments, I allowed God to break through. I was actually listening to Him!

In our culture it is difficult to achieve a sustained inner silence given our cellphones, iPad's and all things digital. I can affirm even in our fast paced culture it is possible to carve out silence. Every year at our Curatio retreat we strive to create some level of silence. We, in Curatio, understand it is challenging for some who have never experienced a silent retreat. In hopes that we can better understand silence we hope to highlight various aspects of it, either in a video, printed article or a quote in our upcoming newsletters. Let's pray for each other as we carve out silence and listen to God!

-Dianne Johnson RN , Curatio Mission Director

"In order to preserve the mystery, (of silence) it is necessary to protect it from profane banality. Silence performs this role admirably. A treasure must be placed out of reach; what is precious always remains veiled. Even our body is covered with clothing, not because it would be shameful or impure but because it is sacred and mysterious. In the liturgy, the chalice is veiled; the ciborium and tabernacles are covered with a veil when they contain the Real Presence. Silence is an acoustic veil that protects the mystery. Do we not automatically lower our voice to say the most important things, words of love?"

Sarah, Robert Cardinal with Nicolas Diat, "The Power of Silence Against the Dictatorship of Noise" Ignatius Press. 2017 pg.12

Additional Resource on Silence

- **The Value of Silence** - Video by Fr. Mike Schmitz [HERE](#)



November 1 is All Saints Day (Holy Day)
Prayer after Communion Nov.1

As we adore you, O God, who alone are holy and wonderful in all your Saints, we implore your grace, so that, coming to perfect holiness in the fullness of your love, we may pass from this pilgrim table to the banquet of our heavenly homeland. Through Christ our Lord. Amen

Curatio's Prayer Intention

November 2024

Lord God, as the election approaches, help us better understand the issues and concerns that confront our country especially that we honor and respect life from conception to natural death.

We ask for eyes that are free from blindness so that we might see each other as brothers and sisters, one and equal in dignity made in the image of God , especially those who are victims of abuse and violence, deceit and poverty.

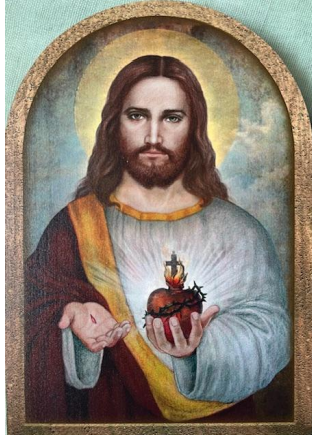
We ask for ears that will hear the cries of children unborn and those abandoned, and for men and women oppressed because of race or creed, religion or gender. We ask for minds and hearts that are open to hearing the voice of leaders who will bring us closer to your Kingdom. We ask this in the name of your Son Jesus Christ and through the power of the Holy Spirit. Amen

(paraphrased from USSCB website)

Hospital Mass Offering

Regions Hospital, Chapel of the Divine Healer (Fr. Lynch)

- Nov 1st: 4pm
- Saturdays: 7:45pm (anticipated Sunday Mass) *NEW*
- Sundays: 4pm



The First Friday of every month is dedicated to the Sacred Heart of Jesus. Everyone is welcome to join us for a Holy Hour from 7 pm-8 pm every Thursday before the first Friday of each month, at St. Charles Borromeo Parish.

2739 NE Stinson Pkwy, St Anthony, MN 55418.

Or please consider a Holy Hour with Curatio's Intentions at your own parish adoration chapel.

The **CPR** Team
Curatio **P**ayer **R**esponders will pray for you!

[*Submit Prayer Requests Here>*](#)

Please send us your confidential prayers, needs, sorrows and thanksgivings. They will be prayed for by our Adoration group and also offered up at First Friday Masses by priest chaplains.

DONATIONS

Message From Dianne, Mission Director,

Your financial support for our Curatio Expansion Campaign is greatly appreciated and much needed for developing a solid Curatio program that will be piloted first in the Rochester, Winona diocese; recently approved by Bishop Barron. Please spread the word and join us in prayer. We greatly appreciate your consideration of an ongoing annual (or one time donation) supporting our humble efforts to ensure Catholics remain faithful to Christ while working in healthcare. Thank you.

[Donate Here!](#)

May our hearts in the Curatio Apostolate belong entirely to the Sacred Heart of Jesus.

SHARE OUR MISSION



Do you know of other health care workers that would benefit from this monthly newsletter? Please forward this message and encourage they check out Curatio!

[*Check out our Curatio website here!*](#)

[*Sign up for our Newsletter here!*](#)

As a lay apostolate in this ministry, we rely on and are prompted by the Holy Spirit and thus remain in healthcare for the long haul. We are the hands and feet of Christ - We spiritually care for and nourish Catholic healthcare professionals to stay the course as we remain a foundation of healing from the heart of Christ.

We, Curatio, are boots on the ground in the new evangelization.

Curatio Apostolate | 3317 Edward Street NE | St. Anthony, MN 55418 US

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