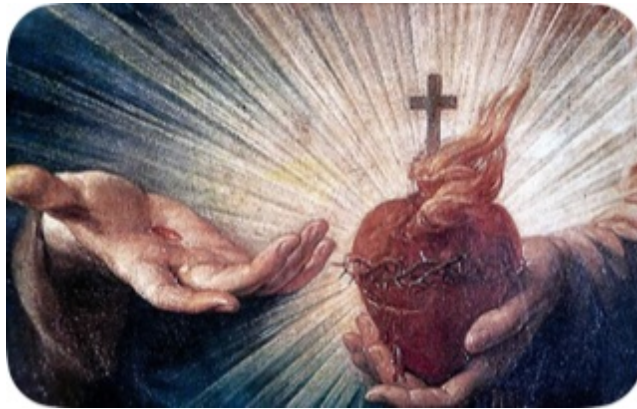




CURATIO APOSTOLATE
of Catholic Healthcare Workers



Curatio Newsletter

December 2024

"Healing from the Heart of Christ"

Curatio's Mission is to strengthen the faith of all Catholic Healthcare Professionals so that, animated from the Heart of Christ and growing in holiness, we are equipped to reclaim our sacred vocation of caring, witnessing with zeal to the Gospel of Life.

St. Gianna Beretta Molla, patron saint of Curatio, intercede for us!

Feature Article December 2024

The Practice of Silence for Lay People

Silence. It's a word that is both appealing and terrifying. It is a word that can either connote peace and calm, or frightening isolation.

While some might find the idea of silence appealing, the truth is, most of us don't do well with perfect quiet. Have you ever sat alone in a room, only to

hear sounds you had never noticed before? The ticking of a clock. The whooshing of air moving through ducts. The hum of a refrigerator. A lawn mower running in the distance. It is all a bit unnerving.

But perhaps the thing we fear most about silence is being alone with our own thoughts. When confronted with true quiet, we begin to hear the mad and chaotic rush of thoughts filling our minds. The anxieties, the deep longings, the painful questions all seem to come bubbling to the surface of our consciousness—and it makes us uncomfortable.

[Read more here >](#)

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UPCOMING EVENTS

Save the dates!

Please join us for prayer and fellowship with Catholics in Healthcare at the following opportunities.

Join CURATIO for Christmas Caroling

With Santa!

**Families and kids are invited
to join the fun at
The Veterans Home!**

**5101 Minnehaha Ave South,
Minneapolis, MN 55417
Resident homes Bldg 21 and 22**



**Fr. Marcus Milless and
a guitarist are
coming!**

Join us Saturday December 14

beginning at 6:30 PM.

**We have caroling books, santa hats, scarves
and light refreshments after!**



For Questions or to RSVP CuratioEvent@gmail.com

33rd Annual



WORLD DAY of the SICK 2025

**FEBRUARY 8th
SATURDAY 10:00 A.M.**

In anticipation of the Feast of

Our Lady of Lourdes

all are invited to attend a special
Mass, blessing and reception
dedicated to the sick, caregivers,
chaplains & healthcare workers.

**OUR LADY OF GRACE
CATHOLIC CHURCH
EDINA, MN**

5071 Eden Ave Edina, MN 55436



Saint John Paul II established the World Day of the Sick 33 years ago in association with Our Lady of Lourdes Feast Day. After this Mass, attendees may receive a blessing with Holy water from Lourdes. A light reception will follow with an inspirational reflection given by Dr. Todd Flanders.



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Sponsored by:



ORDER OF MALTA
American Association
Minnesota Area



CURATIO®
APOSTOLATE
for Catholic Health
Care Professionals

For questions please email CuratioEvent@gmail.com



Save the Dates



Save the Dates



December 14th 2024 6:30pm Christmas Caroling w/Santa @ Mpls Veterans Home

We have caroling books, santa hats, scarves & light refreshments



Join us 5101 Minnehaha Ave S, Mpls MN, Bldg 21 & 22
2025



February 8th Annual World Day of the Sick

Mass with Bishop Izen. Blessing with OL Lourdes Holy water by Order of Malta.
Reception & reflection by Dr.Todd Flanders 10am -12pm Our Lady Of Grace, Edina MN

March 15th Annual Lenten Retreat "God Alone Heals" w/ Fr. Dufner

& Deacon Patrick Spencer NP, Reflection, Q&A, Stations of Cross for healthcare,
Lunch & Fellowship 8am Mass -1pm, Church of Epiphany, Coon Rapids MN

September 26-28th Curatio Weekend Retreat for Healthcare workers with Fr. Mike O'Connor: Friday 6pm-Sunday 1pm, Daily Mass, reflections, Adoration, Spiritual guidance, Silent time, Fellowship @Christ the King Center, Buffalo MN

4 Saturdays (TBD) Mass Meet & Munch: Meet up with other Catholics in healthcare after parish morning Masses and stay for discussion & munchies!



Check parish bulletins to verify dates @Nativity of Our Lord, St. Paul MN and Saint Helena Catholic Church, Mpls MN

CuratioApostolate.com for newsletters and details

Curatioevent@gmail.com for questions



RESOURCES



THE NATIONAL CATHOLIC BIOETHICS CENTER

End-of-Life Guides

Here are links to the NCBC's patient advocacy resources:

- A Catholic Guide to End-of-Life Decisions (*English/Spanish*)
- *A Catholic Guide to Palliate Care and Hospice*
- *A Catholic Guide to POLST*



Silence

- The Importance of Silence - Article by Mother Dolores Hart [HERE](#)
- How to hear God's Voice - Video by Fr Columba Jordan [HERE](#)

PRAYER



Curatio's Prayer Intention *December 2024*

Please pray for all our hospital chaplains this month - starting in January 2025 we hope to feature each chaplain individually along with a brief bio and their photo. They are tireless in offering the sacraments to the sick and dying and it is so important that they know we are praying and supporting them in their ministry.

Help them to continue to see God in the faces of those they serve from life until death. May their hearts remain at peace and hopeful in God's promises and providence.

St Gianna Beretta Molla, pray for us.

St Giuseppe Moscatti, pray for us.

Blessed Virgin Mary, Health of the sick, pray for us.

St. Joseph, patron of the dying and of a happy death, pray for us.

CHAPLAINS CORNER

Name	Contact	Position
Abbott Northwestern Hospital	Rev. Isaac Ebeigbe	Chaplain
Buffalo Hospital	Dcn. Paul Buck	Chaplain
Catholic Medical Association	Rev. John Floeder	Chaplain
Children's Hospitals & Clinics - Saint Paul	Rev. Michael Monogue	Chaplain
Curatio: Apostolate of Catholic Health Care Professionals	Rev. Andrew Jaspers	Chaplain
Hennepin County Medical Center	Rev. Edwin Nyuydine, CFIC	Chaplain
M Health Fairview Southdale Hospital	Rev. Sojan Thomas, CFIC	Chaplain
M Health Fairview St. John's Hospital	Rev. Biju Mathew	Chaplain
M Health Fairview University of Minnesota Medical Center	Rev. Cassian Mary Sama, OP	Chaplain
Maple Grove Hospital	Dcn. Larry Lawinger	Chaplain
Mercy Hospital	Rev. Miroslaw Szynal	Chaplain
Mercy Hospital	Rev. Peter Ali	Chaplain
North Memorial Medical Center	Rev. Andrew Jaspers	Chaplain
Park Nicollet Methodist Hospital	Rev. Sojan Thomas, CFIC	Chaplain
Regions Hospital	Rev. Brian Lynch	Chaplain
United Hospital	Rev. Michael Monogue	Chaplain
Unity Hospital	Rev. Miroslaw Szynal	Chaplain
Unity Hospital	Rev. Peter Ali	Chaplain

Fr. Brian Lynch Invites you to
Catholic Mass
at Regions Hospital

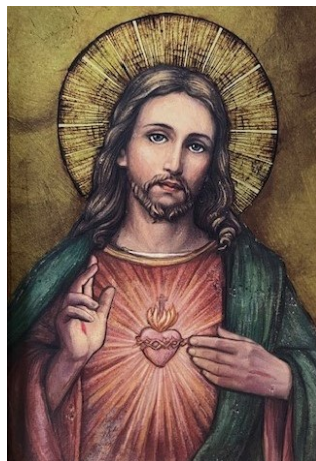


Sundays 4:00 pm
Christmas eve 4:00 pm
New Years eve 4:00 pm

Chapel of the Divine Healer
C2115, 2nd Floor Central area
640 Jackson St. St Paul, MN



ADORATION



The First Friday of every month is dedicated to the Sacred Heart of Jesus.
Everyone is welcome to join us for a Holy Hour from 7 pm-8 pm every Thursday before the
first Friday of each month, at St. Charles Borromeo Parish.

2739 NE Stinson Pkwy, St Anthony, MN 55418.

Or please consider a Holy Hour with Curatio's Intentions at your own parish adoration chapel.

Read more from Pope Francis on the the Sacred Heart [here](#)

The CPR Team
Curatio Prayer Responders will pray for you!

[Submit Prayer Requests Here>](#)

Please send us your confidential prayers, needs, sorrows and thanksgivings. They will be prayed for by our Adoration group and also offered up at First Friday Masses by priest chaplains.

DONATIONS

Message From Dianne, Mission Director,

Your financial support for our Curatio Expansion Campaign is greatly appreciated and much needed for developing a solid Curatio program that will be piloted first in the Rochester, Winona diocese; recently approved by Bishop Barron. Please spread the word and join us in prayer. We greatly appreciate your consideration of an ongoing annual (or one time donation) supporting our humble efforts to ensure Catholics remain faithful to Christ while working in healthcare. Thank you.

[Donate Here!](#)

May our hearts in the Curatio Apostolate belong entirely to the Sacred Heart of Jesus.

SHARE OUR MISSION



Do you know of other health care workers that would benefit from this monthly newsletter? Please forward this message and encourage they check out Curatio!

[Check out our Curatio website here!](#)

[Sign up for our Newsletter here!](#)

As a lay apostolate in this ministry, we rely on and are prompted by the Holy Spirit and thus remain in healthcare for the long haul. We are the hands and feet of Christ - We spiritually care for and nourish Catholic healthcare professionals to stay the course as we remain a foundation of healing from the heart of Christ.

We, Curatio, are boots on the ground in the new evangelization.

Curatio Apostolate | 3317 Edward Street NE | St. Anthony, MN 55418 US

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