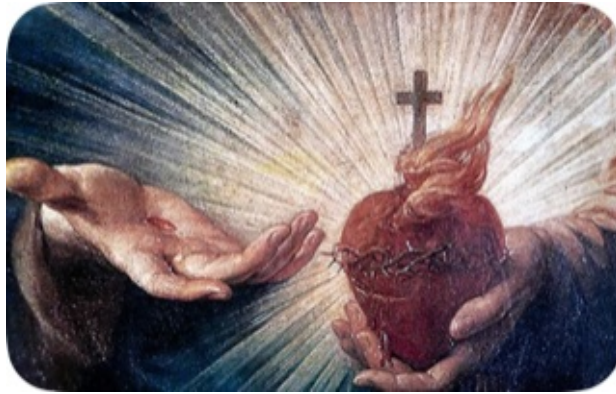


# CURATIO APOSTOLATE

## of Catholic Healthcare Workers

*“Modern man listens more willingly to witnesses than to teachers, and if he does listen to teachers, it is because they are witnesses.”*

*(Evangelii Nuntiandi Para.41 Pope Paul VI)*



## Curatio Newsletter

January 2025

*"Healing from the Heart of Christ"*

*Curatio's Mission is to strengthen the faith of all Catholic Healthcare Professionals so that, animated from the Heart of Christ and growing in holiness, we are equipped to reclaim our sacred vocation of caring, witnessing with zeal to the Gospel of Life.*

*St. Gianna Beretta Molla, patron saint of Curatio, intercede for us!*

*Feature Article January 2025*

### **A Boldness in Prayer**

“And if it's alright with you, I'll be praying for you...” I've come to say this at the end of visits with my patients in hospice care, but it's taken me some time to learn how.

My visits often start with pleasantries, introductions and sometimes a bombardment of needs, great and small (I've even been asked to vacuum!), followed by a general overview of recent health and concerns, pain, shortness of breath, mobility, appetite, mood. In all of that assessment, the Lord is ultimately asking me to find him.

Saint Mother Teresa has a beautiful prayer that reminds us profoundly first of the great and made-for-eternity dignity of the human person, and second of the profound dignity of the vocation of healthcare. She prays:

*Dearest Lord, may I see you today and every day in the person of your sick, and, whilst nursing them, minister unto you. Though you hide yourself behind the unattractive disguise of the irritable, the exacting, the unreasonable, may I still recognize you, and say: “Jesus, my patient, how sweet it*

*is to serve you." Lord, give me this seeing faith, then my work will never be monotonous. I will ever find joy in humoring the fancies and gratifying the wishes of all poor sufferers. O beloved sick, how doubly dear you are to me, when you personify Christ; and what a privilege is mine to be allowed to tend you. Sweetest Lord, make me appreciative of the dignity of my high vocation, and its many responsibilities. Never permit me to disgrace it by giving way to coldness, unkindness, or impatience. And O God, while you are Jesus, my patient, deign also to be to me a patient Jesus, bearing with my faults, looking only to my intention, which is to love and serve you in the person of each of your sick. Lord, increase my faith, bless my efforts and work, now and forevermore. Amen.*

It has taken me some time to find this Jesus in each patient encounter. It is curious that when I chart, it is noted in the documentation, as an "encounter." See, he would even find us amongst the tabs and flowcharts of Epic Hyperspace!

It is much like Mother Teresa's prayer when I do find him in my work, in an exacting grimace of pain or emotional suffering, something deep down in a person that no amount of Dilaudid could touch; or in the caregiver, exhausted from tending the fancies of ever-changing patient end of life needs; or in an unpleasant and exhausted family member who is agitated by the entire situation. It takes courage, fortitude and all the grace the Holy Spirit is willing to grant to say, "Ah, Jesus, there you are! Which wound is it that must be tended first Lord? Is it your hands? Is it your side? Perhaps it is your temple where the thorns have rushed through? Is it your spiritual sufferings Jesus? Might I listen to those? Is it the spittle in your eyes that I might dry for you?"

And because He is who is He is, He lifts my chin and says, "Little nurse, there are my wounds," and he turns my gaze to see in my patients, families and coworkers, the poor, the mourning, the meek, the thirsty, the ones in need of mercy, the heartbroken, those in need of peace, the persecuted. "Ah, Jesus, there you are, my patient."

It is here with each patient encounter that he increases my faith and trust in his mercy and so I must pray. Yet while I can tend the wounds, it is only the divine physician that can heal, so I have grown in boldness to say, "And if it's alright with you, I'll be praying for you." The Divine Physician does the rest.

Meggie Humphrey, RN, BSN

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## UPCOMING EVENTS

**Save the dates!**

Please join us for prayer and fellowship with Catholics in Healthcare at the following opportunities.

32nd Annual



# WORLD DAY of the SICK 2025

**FEBRUARY 8TH  
SATURDAY 10:00 A.M.**

In honor of the upcoming  
Feast of

*Our Lady of Lourdes*

all are invited to attend a special  
Mass celebrated by Bishop Izen,  
a blessing and a reception  
dedicated to the sick, caregivers,  
chaplains & healthcare workers.

**OUR LADY OF GRACE  
CATHOLIC CHURCH**

5071 Eden Ave, Edina MN 55436



Saint John Paul II established Annual World Day of the Sick to start in 1993  
in association with the February 11th Feast of Our Lady of Lourdes.

**Please join us after Mass.**

- \*Attendees may receive a blessing with Holy water from Lourdes.
- \*A light reception will follow in the dining hall with an inspirational reflection given by Dr. Todd Flanders MA, PhD. He holds Masters in History, Doctorate in Theology and is Headmaster at Providence Academy since it's founding in 2001.

Sponsored by:



ORDER OF MALTA  
American Association  
Minnesota Area



For questions please email [CuratioEvent@gmail.com](mailto:CuratioEvent@gmail.com)



*Save the Dates 2025*

**Annual World Day of the Sick: February 8th Saturday**

Mass with Bishop Izen. Blessing with OL Lourdes France Holy water by Order of Malta. Reception with reflection by Dr. Todd Flanders 10:00am-12pm at Our Lady Of Grace, Edina MN.

**Annual Lenten Retreat: March 15th Saturday**

Fr. Dufner & Deacon Patrick Spencer NP, Mass, Reflection on Lenten renewal, Q&A, Stations of Cross for healthcare, Lunch and Fellowship 8:00am Mass -1:00pm, Church of Epiphany, Coon Rapids MN

**Annual Curatio Fall Weekend Retreat for Healthcare workers**

**September 26 - 28th Friday 6pm - Sunday 1pm**

Daily Mass, series of Reflections, Adoration, Confession, Spiritual guidance, Silent time with the Lord, Time for Fellowship Fri evening & Sunday Lunch, Dynamic speaker, Fr. Mike O'Connor at Christ the King Retreat Center, Buffalo MN

Register- [www.CuratioApostolate.com](http://www.CuratioApostolate.com) Questions- [CuratioEvent@gmail.com](mailto:CuratioEvent@gmail.com)

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RESOURCES



**THE NATIONAL CATHOLIC  
BIOETHICS CENTER**

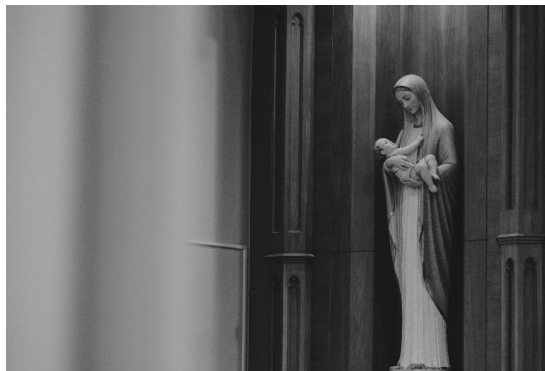
**End-of-Life Guides**

Here are links to the NCBC's patient advocacy resources:

- *A Catholic Guide to End-of-Life Decisions (English/Spanish)*
- *A Catholic Guide to Palliate Care and Hospice*
- *A Catholic Guide to POLST*

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PRAYER



**Curatio's Prayer Intentions**

- For Curatio's mission to strengthen the faith of all Catholic Healthcare Professionals.
  - For a growth in holiness, animated from the Heart of Christ.
  - To reclaim our sacred vocation of caring as healthcare professionals.
  - To witness with zeal to the Gospel of Life.
  - For our patients, co-workers, hospitals and clinics.
- 

## SILENCE

“We need to find God, and he cannot be found in noise and restlessness. God is the friend of silence. See how nature - trees, flowers, grass- grows in silence; see the stars, the moon and the sun, how they move in silence... We need silence to be able to touch souls.” - Saint Teresa of Calcutta

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## CHAPLAINS CORNER

**Curatio is committed to praying for our chaplains.**

*Each month Curatio commits to prayer for a chaplain priest.  
Please pray for Fr. Brian Lynch this month of January.*

*Should you need a Catholic Chaplain please reach out to Curatio so that we may aid in coordination and contact with the appropriate priest in your place of work or area.*

*Dear Lord, please keep and protect these chaplains as they minister in your name and in your footsteps. Help them to continue to see God in the faces of those they serve from life to death. May their hearts remain at peace and hopeful in God's promises and providence.*

St Gianna Beretta Molla, Pray for us.

St Giuseppe Moscatti, pray for us.

St. Joseph, patron of the dying & of a happy death, pray for us.

We ask this through the intercession of our Blessed Mother Mary, Queen of the sick & Jesus, our patient, who is all mercy, love and compassion.

Name	Contact	Position
Abbott Northwestern Hospital	Rev. Isaac Ebeigbe	Chaplain
Buffalo Hospital	Dcn. Paul Buck	Chaplain
Catholic Medical Association	Rev. John Floeder	Chaplain
Children's Hospitals & Clinics - Saint Paul	Rev. Michael Monogue	Chaplain
Curatio: Apostolate of Catholic Health Care Professionals	Rev. Andrew Jaspers	Chaplain
Hennepin County Medical Center	Rev. Edwin Nyuydine, CFIC	Chaplain
M Health Fairview Southdale Hospital	Rev. Sojan Thomas, CFIC	Chaplain
M Health Fairview St. John's Hospital	Rev. Biju Mathew	Chaplain
M Health Fairview University of Minnesota Medical Center	Rev. Cassian Mary Sama, OP	Chaplain
Maple Grove Hospital	Dcn. Larry Lawinger	Chaplain
Mercy Hospital	Rev. Miroslaw Szynal	Chaplain
Mercy Hospital	Rev. Peter Ali	Chaplain
North Memorial Medical Center	Rev. Andrew Jaspers	Chaplain
Park Nicollet Methodist Hospital	Rev. Sojan Thomas, CFIC	Chaplain
Regions Hospital	Rev. Brian Lynch	Chaplain
United Hospital	Rev. Michael Monogue	Chaplain
Unity Hospital	Rev. Miroslaw Szynal	Chaplain
Unity Hospital	Rev. Peter Ali	Chaplain

Please pray for Fr. Brian Lynch this month of January



## Fr. Brian Lynch Invites you to Catholic Mass at Regions Hospital

Fr. Brian Lynch is a Catholic priest of the Archdiocese of Saint Paul and Minneapolis.

Fr. Brian was born in Queens, New York, raised in Connecticut, attended college in Pennsylvania, and moved to Saint Paul, Minnesota in 1994 to work for 3M. After less than three years he left 3M to work for a local Catholic parish, entered seminary 5 years later, and was ordained in 2006. Fr. Brian served in parish ministry for 17 years, after which he was asked to serve

as a priest-chaplain at Hennepin County Medical Center for a one-year term. Once his term at HCMC was completed, he was assigned as the priest-chaplain for Regions Hospital. Fr. Brian is also a chaplain for the Minnesota Knights of Columbus State Officers and pastor of the Church of St. Agatha in Coates. He is a Bible and a baseball enthusiast.

May the grace of our LORD Jesus Christ be with you,

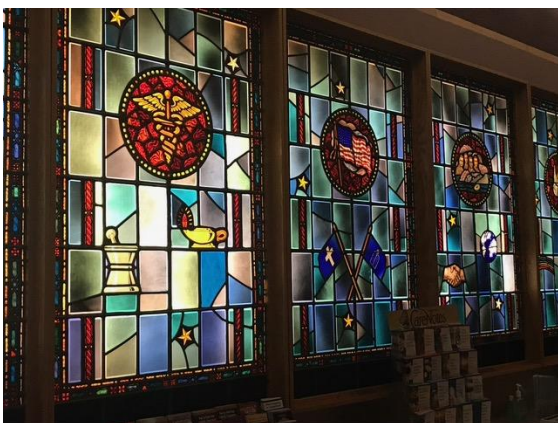
*Fr. Brian Lynch*

Fr. Brian Lynch Invites you to  
**Catholic Mass**  
at **Regions Hospital every Sunday in January!**



Sunday, January 5th 4:00 pm  
Sunday, January 12th 4:00 pm & 7:45 pm  
Sunday, January 19th 4:00 pm & 7:45 pm  
Sunday, January 26th 4:00 pm & 7:45 pm

Chapel of the Divine Healer  
C2115, 2nd Floor Central area  
640 Jackson St. St Paul, MN



Minneapolis VA Hospital Mass  
Times

Roman Catholic Mass  
Sunday, 8:30 a.m. CT  
Monday through Friday, 11:30 a.m. CT

ADORATION

O Sacrament Most Holy, O Sacrament Divine, all praise & all thanksgiving  
be every moment Thine!



Curatio invites you to Adoration of the Blessed Sacrament

The First Friday of every month is dedicated to the Sacred Heart of Jesus. Everyone is welcome to join us for a Holy Hour from 7 pm-8 pm every Thursday before the first Friday of each month, at St. Charles Borromeo Parish. 2739 NE Stinson Pkwy, St Anthony, MN 55418.

Or please consider a Holy Hour with Curatio's Intentions at your own parish adoration chapel.

The **CPR** Team  
Curatio **P**ayer **R**esponders will pray for you!

[Submit Prayer Requests Here>](#)

Please send us your confidential prayers, needs, sorrows and thanksgivings. They will be prayed for by our Adoration group and also offered up at First Friday Masses by priest chaplains.

## DONATIONS

*Message From Dianne, Mission Director,*

*Your financial support for our Curatio Expansion Campaign is greatly appreciated and much needed for developing a solid Curatio program that will be piloted first in the Rochester, Winona diocese; recently approved by Bishop Barron. Please spread the word and join us in prayer. We greatly appreciate your consideration of an ongoing annual (or one time donation) supporting our humble efforts to ensure Catholics remain faithful to Christ while working in healthcare. Thank you.*

**[Donate Here!](#)**

*May our hearts in the Curatio Apostolate belong entirely to the Sacred Heart of Jesus.*

## SHARE OUR MISSION



Do you know of other health care workers that would benefit from this



monthly newsletter? Please forward this message and encourage they check out Curatio!

[\*Check out our Curatio website here!\*](#)

[\*Sign up for our Newsletter here!\*](#)

*As a lay apostolate in this ministry, we rely on and are prompted by the Holy Spirit and thus remain in healthcare for the long haul. We are the hands and feet of Christ - We spiritually care for and nourish Catholic healthcare professionals to stay the course as we remain a foundation of healing from the heart of Christ.*

*We, Curatio, are boots on the ground in the new evangelization.*

Curatio Apostolate | 3317 Edward Street NE | St. Anthony, MN 55418 US

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