CURATIO®
APOSTOLATE
of Catholic Health
Care Professionals

*“The work of health care persons is a very valuable service to life. It expresses a profoundly human and Christian commitment, undertaken and carried out not only as a technical activity but also as one of dedication to and love of neighbor. It is "a form of Christian witness." Their profession calls for them to be guardians and servants of human life."*

*(Evangelium Vitae 89. Charter of Healthcare Workers 1994 First Edition by The Pontifical Council of Healthcare Workers)*

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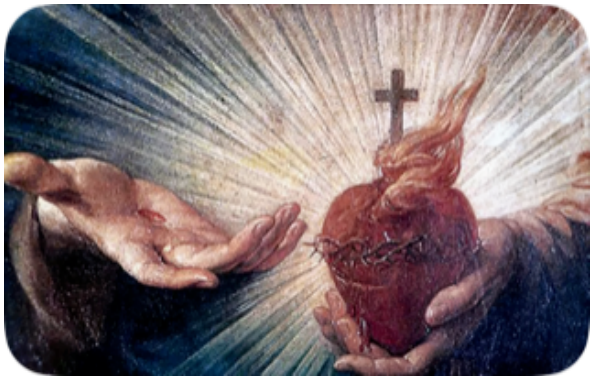

# Curatio Apostolate Newsletter

*October 2026*

*"Healing from the Heart of Christ"*

*Curatio’s Mission is to strengthen the faith of all Catholic Healthcare Professionals so that, animated from the Heart of Christ and growing in holiness, we are equipped to reclaim our sacred vocation of caring, witnessing with zeal to the Gospel of Life.*

***St. Gianna Beretta Molla, patron saint of Curatio, intercede for us!***

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## Help share the mission of Curatio!

*Share this, "Why Curatio?" short video with a friend, family member, co-worker or parish! Spread the word to help us reach others in healthcare who need Curatio's mission and support.*

## Feature Article ~ October 2026

**Saturday of the 25th Week in Ordinary Time,**
**Cycle II; Curatio Retreat; Sts. Cosmas and Damian September 26, 2026.**
**Fr. Joseph Jerome Bambenek Christ the King Retreat Center Chapel, Buffalo**
**Ecclesiastes 3:1-11, Psalm 144, Luke 9:18-22**

"The Son of Man is to be handed over to men."

Today we celebrate two [saints] of your own…. in terms of being dedicated to health care: Saints Cosmas and Damian. The men were natural twins who were physicians in the late 200s… in what is now Turkey and Syria, if I understand correctly. As you will hear a bit later in the Mass, if I remember to pray Eucharistic Prayer I, they are among the long list of saints in that prayer, and they are among the list of saints who are patron saints of physicians. We don't know a real lot about them,1 other than that they were known for being generous doctors: they provided free health care for the poor ill. The fruit of this witness of charity is that they led many people to Christianity… and as a result they were martyred [along with several other natural brothers].

Beyond that introduction of today's saints, I struggled with today's readings in terms of what to preach on to you in the context of this retreat. And I not only struggled with the readings you heard proclaimed by Gerry and Deacon for the Saturday of the 25th week in Ordinary Time Cycle II, the green day readings. 2 I even looked at the second possible set of readings, the optional red day readings for the Memorial of St. Comas and Damian. And the only thing that even slightly resonated with me was the quote from the gospel passage with which I started the homily, when Jesus echoes the prophesy we heard in yesterday's gospel passage of His eventual passion and crucifixion. The immediate reason those words…

***Click here to read the full article***

*Homily given by Fr. Joseph Bambenek at the Fall Retreat, used with permission.*

## Retreat Recap

Prof . Doug Bushman titled the Fall retreat reflections “Hope and Joy in a Valley of Tears.” Father Joseph Bambenek and Fr. Brian Lynch celebrated Holy Mass and Fr. Bambenek was able to offer confessions as well. The retreat explored Jesus as a physician of souls, drawing parallels between physical and spiritual healing. Prof. Bushman highlighted numerous biblical passages demonstrating Jesus’ healing power, emphasizing faith and God’s love’s transformative power. He encouraged us to approach Holy Mass with spiritual need and reflect on God’s love as the ultimate remedy for spiritual ailments. He argued that the first sin in the Garden of Eden stemmed from a distorted image of God as jealous and self-serving, not loving. This heresy, the speaker claimed, is the Bible’s central theme, chronicling God’s efforts to demonstrate His love despite humanity’s rejection Essentially he told us that the absence of God’s love in the human heart is the valley of tears. The church’s mission is to reveal the Father’s love, as Jesus’s mission was. This love, a gift from the Holy Spirit and an obligation for believers, brings joy. He emphasized love and personal relationships in evangelization, especially for those suffering or living as if God doesn’t exist. He highlighted the need for Christians to be present and loving, drawing from examples like Mother Teresa and the biblical strategy of God sending people to help others. He also stressed to back up our words with actions, as demonstrated by Jesus’ teachings and actions. The overall emphasis was to illustrate that God is love and that God will always give us the grace to not be separated from him and that is our hope!

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## SAVE THE DATE

## You are invited to the Annual White Mass

CATHOLIC MEDICAL ASSOCIATION

*Upholding the Principles of the Catholic Faith in the Science and Practice of Medicine*

*The Saint Paul and Minneapolis Guild of the*
*Catholic Medical Association and Curatio*
*invites you to attend the*

## Annual White Mass for HealthCare Professionals

***Saturday, October 24, 2026***

***5:00 P. M.***

*Church of St. Peter*
*1405 Sibley Memorial Highway*
*Mendota, MN 55150*

***Reception will be in Heritage Hall after Mass***

***Please RSVP by October 16th —651-291-4488***
***or flomos@archspm.org***

***Spouses and families are welcome!***

ARCHDIOCESE OF SAINT PAUL & MINNEAPOLIS
*United in Faith, Hope and Love*

CURATIO: AN APOSTOLATE OF CATHOLIC HEALTH CARE PROFESSIONALS
*Curatio ex Corde Christi: Healing from the Heart of Christ*

## Curatio at a Glance 2026- 2027

**Annual White Mass CMA & Curatio**
Church of St. Peter, Mendota
**October 24, 2026** • 5 p.m. Mass
Reception after Mass in Heritage Hall

**Caroling at Veterans Home**
**December 11, 2026** • 3 p.m.

**World Day of the Sick with**
**Archbishop Hebda,** Maternity of Mary
St. Paul, Reception to Follow
**February 6, 2027** • 10 a.m.

**Curatio Lenten Retreat**
with Dr Robert Collins, MD
Author of *You Visited Me*.
**March 6, 2027** • Location TBD

**Curatio Fall Retreat**
with Fr. James Kubicki
from Relevent Radio

**October 15-17, 2027** • Location TBD

## SUPPORT CURATIO

Please take a moment to read through this important ask to sustain the future of our apostolate.

CURATIO®
*Apostolate of Catholic Healthcare Professionals*
*Curatio ex Corde Christi: Healing from the Heart of Christ*

**Dear friends of Curatio and brothers and sisters in Christ,**

Abortion. IVF. Physician-assisted suicide. Euthanasia. Healthcare workers are morally and spiritually exhausted.

In a healthy society, healthcare heals; it does not harm. Yet today, these practices are not only tolerated in medicine, they are actively encouraged. Meanwhile, the moral and spiritual toll on patients and practitioners is entirely ignored.

That is not the healthcare system we want to work in, nor the culture we want to leave behind. As a supporter of Curatio Apostolate, I know you feel the same.

**What can we do about it?**

As faithful Catholics, we know that Christ's healing mission and the Church's teachings offer the true antidote to this culture of death. Curatio Apostolate is on the front lines—supporting, forming, and uniting Catholic healthcare professionals to be the hands and feet of Christ.

But we cannot sustain this vital ministry alone. To secure our mission's future and expand our impact, **Curatio is raising $100,000 by March of 2027 to hire our first full-time Executive Director.**

Who will support the nurses, doctors, and caregivers standing up for truth in our clinics and hospitals? You will, by making a financial gift to Curatio Apostolate today. Your donation directly funds this critical leadership transition, alongside the spiritual formation and love of Christ, educational programs, and community networks that keep our healthcare professionals resilient. Here is unsolicited testimony :

> *...Curatio's newsletter was insightful and meaningful for me specifically as a geriatrician in long-term care. I spend many of my days in a sea of apparently lonely cognitively impaired elders "existing" in an institutional setting. I often feel sad and defeated questioning what the purpose of their ongoing lives and therefore my care could be.Many of these people have an interior life in which they are accompanied. They are not alone in any sense - they have a companion on the journey and a spiritual life that none of us can know. It must sustain them in some meaningful way. I draw great comfort from that possibility.This has profoundly changed my perspective and daily work. It is an insight brought by Curatio for which I am professionally and personally very grateful - thank you for your insight, passion and effort on the behalf of medical caregivers. It is important work. Teresa McCarthy MD, MS, CMD, Assoc. Prof., Univ of MN, Dept. of Family Med and Comm. Health*

Will you consider a transformative gift of $100 to $10.000to help us take this next vital step?

Please click the link below to make your tax-deductible contribution and stand with Catholics who support the Gospel of life in the trenches of healthcare .
**Donate to Curatio Apostolate today :** https://www.wesharegiving.org/App/Form/c68cfec0-b3a6-4697-8a21-d68d0232d285

*In Christ's gratitude, Dianne Johnson RN, MA*
*Curatio Founder and Mission Director*

## CURATIO PRAYER RESPONDERS (CPR TEAM)

### Will you pray with Curatio for those who need prayers?

Pray for our co- workers & patients in healthcare care! Join us in praying for the intentions that are submitted to us.

If you are interested in praying & being part of the CPR team (Curatio Prayer Responders) simply email curatioevent@gmail.com & let us know you will pray for the intentions that we receive.

The prayer team will be committed to praying for these intentions for one month & the intentions will be offered at the First Friday Mass in honor of the Sacred Heart.

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## PRAYER REQUESTS

### Are you in need of prayer?

Curatio's prayer team is honored to pray for you.

Submit requests here> *Prayer Requests - Curatio Apostolate*

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## CHAPLAINS CORNER

Curatio is committed to praying for our chaplains.
*Each month Curatio commits to prayer for a chaplain priest.*

- Please pray for this month of October 2026 - Rev. Michael Monogue

Dear Lord, please keep and protect these chaplains as they minister in your name and in your footsteps. Help them to continue to see God in the faces of those they serve from life to death. May their hearts remain at peace and hopeful in God's promises and providence.

St Gianna Beretta Molla, Pray for us.
St Giuseppe Moscatti, pray for us.
St. Joseph, patron of the dying & of a happy death, pray for us.

We ask this through the intercession of our Blessed Mother Mary, Queen of the sick & Jesus, our patient, who is all mercy, love and compassion.

*Should you need a Catholic Chaplain please reach out to Curatio so that we may aid in coordination and contact with the appropriate priest in your place of work or area.*

- Abbott Northwestern Hospital – Fr. Dida Damicha
- Buffalo Hospital - Dcn. Paul Buck
- Catholic Medical Association - Rev. John Floeder
- Children's Hospitals & Clinics, St. Paul & United Hospital - Rev. Michael Monogue
- Curatio: Apostolate of Catholic Healthcare Professionals, North Memorial Medical Center/Hospital Robbinsdale & Regions & Veterans Administration - Fr. Andrew Jaspers
- Hennepin County Medical Center - Fr. Sean Magnuson
- M Health Fairview Southdale Hospital & Park Nicollet Methodist Hospital - Rev. Sojan Thomas, CFIC
- M Health Fairview St. John's Hospital - Fr. Biji Mathew
- M Health Fairview University of Minnesota Medical Center - Fr. Kenneth Yong (Cassian Mary) Sama, OP
- Maple Grove Hospital - Dcn. Larry Lawinger
- Mercy Hospital (Allina) Coon Rapids & Unity Campus Fridley - Fr. Peter Ali - Yakubu
- Mercy Hospital (Allina) Coon Rapids & Unity Campus Fridley - Fr. Miroslaw Szynal
- Regions Hospital St. Paul & North Memorial - Fr. Brian Lynch

Subs/on call

- Fr. Jerry Fehn
- Fr. Matthew Linn, S. J.

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## ADORATION

O Sacrament Most Holy, O Sacrament Divine, all praise & all thanksgiving be every moment Thine!

### Curatio invites you to Adoration of the Blessed Sacrament

**Curatio Apostolate Holy Hour with the Lord, First Thursday's**
**Devotion to the Sacred Heart of Jesus**

**Adoration is tonight! Please join us!**
**Thursday, Oct 1st, 2026.**
**730 - 830 PM**

**Sacred Heart Church**
**4087 West Broadway, Robbinsdale, MN 55422**

Bring your sufferings, sorrows, intentions, work, patients and unite them with Jesus on the Cross. We simply come and sit with the Lord. Come for the full hour or just sit for a few minutes, whatever fits your schedule.

### Remaining Thursdays before 1st Friday in 2026:

- November 5th, 2026
- December 3rd, 2026

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## RESOURCES

THE NATIONAL CATHOLIC BIOETHICS CENTER

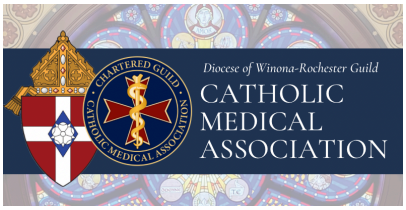
Upholding the Dignity of the Human Person in Health Care and Biomedical Research since 1972 - click the link below to discover content.

## *Ethics & Medics — The National Catholic Bioethics Center*

### Anslem House at the U of M

*Anslem House and Curatio have a common mission in bringing Christ to the bedside within secular healthcare. Check out their events page for upcoming opportunities!*

*Home* (learn more here)
*Events* (events info here)




**Third SISTER GENEROSE Symposium on Faith & Medicine**
Friday October 16th Evening and Saturday October 17th Full Day
**"Transformation of Medicine: Technology, Artificial Intelligence, and Sustaining the Healer through Faith and Community"**

**For more information and to register *click here***

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**SHARE OUR MISSION**

Do you know of other health care workers that would benefit from this monthly newsletter? Please forward this message and encourage they check out Curatio!
*Check out our Curatio website here!*
*Sign up for our Newsletter here!*

***As a lay apostolate in this ministry, we rely on and are prompted by the Holy Spirit and thus remain in healthcare for the long haul. We are the hands and feet of Christ - We spiritually care***

***for and nourish Catholic healthcare professionals to stay the course as we remain a foundation of healing from the heart of Christ.***

***We, Curatio, are boots on the ground in the new evangelization.***

Curatio Apostolate | 3317 Edward Street NE | St. Anthony, MN 55418 US

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